



Narberth Rural District Council

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ANNUAL  
REPORT

OF THE

DISTRICT

MEDICAL OFFICER OF HEALTH

AND THE

PUBLIC HEALTH INSPECTORS

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1967

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N A R B E R T H   R U R A L   D I S T R I C T .

ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE YEAR

1967.

To the Chairman and Members of the Council

Mr. Chairman, Ladies and Gentlemen,

I have pleasure in presenting to you my Annual Report on the health of your district for the year 1967.

Housing.

Progress is being made, but the demand for increased housing accommodation in the southern part of the district, particularly by elderly folk, far exceeds the supply.

Infectious Diseases.

There were a number of cases of Measles notified during the year but, fortunately, no serious complications were reported. Good progress is being made on the work being done in connection with the supply of Measles vaccine and it is hoped that this will be available for general use next year.

No new cases of Tuberculosis and no deaths were reported during 1967.

I should like to take this opportunity to thank the members of the Council and its Officers for their continued courtesy and co-operation and to include in this my thanks to my clerk for all her help.

I have the honour to be,

Your obedient servant,

*Phyllis M. Bowen*

PHYLLIS M. BOWEN, M.R.C.S.,  
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# V I T A L       S T A T I S T I C S .

Resident Population (Registrar General's Estimate)

1967.....9,860

	<u>Narberth</u> <u>R.D.1967</u>	<u>Narberth</u> <u>R.D.1966</u>	<u>County of</u> <u>Pembroke</u>	<u>England &amp;</u> <u>Wales</u>
Live Births	134	133		
Live Birth Rate (per 1,000 pop.)	13.6	13.57	17.5	17.2
Illegitimate Live Births	10	3		
Illegitimate Live Births per cent of total Live Births	7.46	2.25		
Still Births	4	2		
Still Birth Rate (per 1,000 Live & Still Births)	29	14.81	19	14.8
Total Live and Still Births	138	135		
Infant Deaths (Deaths under 1yr)	3	3		
Infant Mortality Rate (per 1,000 Live Births)				
- total	22	22.5	19	18.3
- legitimate	22	22.5		
- illegitimate	Nil	Nil		
Neo-natal Mortality Rate (Deaths under 4 wks)(per 1,000 Live Births)	7.46	22.55	11.63	12.5
Early neo-natal Mortality Rate (Deaths under 1wk) (per 1,000 Live Births)	7.46	15.03	9.3	10.8

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	<u>Narberth</u> <u>R.D.1967</u>	<u>Narberth</u> <u>R.D.1966</u>	<u>County of</u> <u>Pembroke</u>	<u>England</u> <u>&amp; Wales</u>
Peri-natal Mortality Rate (Deaths under 1wk & Still Births combined)(per 1,000 Live & Still Births)	36	29.62	28	25.4
Maternal Mortality Rate (per 1,000 Live & Still Births)	Nil	Nil	1.14	0.20
Deaths	135	129		
Death Rate (per 1,000 pop.)	13.7	13.16	11.9	11.2

#### INFANT MORTALITY.

Three infants died under 1 year of age during 1967;  
details are as follows :-

<u>Age at death.</u>	<u>Birth Weight.</u>	<u>Cause of Death.</u>
19 hours. (F)	7lbs.2ozs.	Pulmonary Atelectasis.
1 month. (M)	8lbs.2ozs.	Renal Agenesis.
2 months. (M)	7lbs.8ozs.	Bilateral Pneumonia.

#### DEATHS (General).

The death rate this year is, once again, higher than both county and national rates. There were 22 deaths from malignant disease, 4 of these (3 males and 1 female) were due to cancer of the lung and it is known that two of the men were heavy cigarette smokers. 52 of the total deaths were due to heart disease.

Approximately 39% of the deaths occurred in persons aged between 70 and 80 years and approximately 29% in persons over 80 years of age.





<u>Causes of Death.</u>	<u>Male.</u>	<u>Female.</u>
TOTAL (All causes)	78	57
Syphilitic disease	1	
Malignant neoplasm, stomach	1	2
Malignant neoplasm, lung, bronchus	3	1
Malignant neoplasm, breast		1
Malignant neoplasm, uterus		1
Other malignant and lymphatic neoplasms	6	7
Diabetes		2
Vascular lesions of nervous system	18	6
Coronary disease, angina	24	13
Hypertension with heart disease	1	1
Other heart disease	4	9
Other circulatory disease	2	1
Influenza		1
Pneumonia	3	1
Bronchitis	2	
Other diseases of respiratory system	2	
Gastritis, enteritis and diarrhoea	2	
Nephritis and nephrosis		1
Hyperplasia of prostate	3	
Congenital malformations	1	
Other defined and ill-defined diseases	5	9
All other accidents		1

#### TUBERCULOSIS.

There were no deaths from Tuberculosis during 1967 and no new cases of the disease were notified.

#### Prevention of Tuberculosis: B.C.G. Vaccination

Vaccination of contacts and school-children (13 years and over) continued to be carried out at the Clinic and at School Sessions during the year. Dr. D. Llewelyn Davies also vaccinates contacts at the Chest Clinic.

During 1967, 35 school-children were skin-tested and 34 of these required vaccination; one contact was skin-tested and vaccinated.

#### NOTIFICATIONS OF INFECTIOUS DISEASES.

99 cases of Measles were notified during the year.



## MASS RADIOGRAPHY.

The mobile unit of the Mass Radiography Service visited the town of Narberth in November, when a total of 204 persons from the general population volunteered for examination. A large number of these were, no doubt, resident in the Rural District, but no separate figures are available. The results are as follows:-

	<u>Male.</u>	<u>Female.</u>
Total no. examined - 204	86	118
No. found to be abnormal - 5 (2.45%)	1	4
No. requiring further observation - Nil.		
Other abnormalities of chest - 5 (2.45%)	1	4
<u>Analysis of other abnormalities above - 5.</u>		
Healed primary Tuberculosis	-	3
Non-tuberculous abnormality of bony thorax and soft tissues	1	-
Abnormalities of diaphragm and oesophagus	-	1

## NATIONAL HEALTH SERVICE ACT, 1946.

Local Health Services: Vaccination against Smallpox and Poliomyelitis and immunisation against Diphtheria, Whooping Cough and Tetanus continues to be carried out at the Clinic and at school sessions in your district. Since 1st April 1967, all records of immunisation and vaccination carried out by general practitioners, are sent direct to the Executive Council for payment, instead of to the County Council as before. As a result, we only received figures for the year and these are included in the totals below, for the whole county for 1967 :-

Primary Smallpox vaccinations: 942 Re-vaccinations: 209  
Primary Poliomyelitis vaccinations: 1,840 "Booster" doses: 1,315  
Primary Diphtheria immunisations: 1,899 "Booster" doses: 2,132  
Whooping Cough immunisations: 1,716  
Primary Tetanus immunisations: 1,960 "Booster" doses: 2,175.

## NATIONAL ASSISTANCE ACT, 1948.

Section 47: Removal to suitable premises of persons in need of care and attention.

It was necessary to remove one elderly gentleman from his home to hospital, under the above Section, during 1967.



REPORT OF THE CHIEF PUBLIC HEALTH INSPECTOR AND THE  
ADDITIONAL PUBLIC HEALTH INSPECTOR FOR THE YEAR 1967.

<u>INSPECTION OF DWELLING HOUSES.</u>				<u>Re-visits.</u>
Total no. of dwelling houses inspected for housing defects under the Public Health & Housing Acts	...	...	27	15
No. of visits to three dwelling houses found not to be in all respects reasonably fit for human habitation	...	...	13	7
No. of dwelling houses found to have other defects	...	...	5	6
No. of interviews with owners or contractors and inspection of work in progress	...	...	20	-
No. of visits in connection with filthy or verminous premises	...	...	3	6
No. of visits in connection with defective drainage and /or sanitary fittings	...	...	197	62

It was necessary to carry out 78 visits and 455 re-visits in connection with applications for the tenancy of Council houses.

SHOPS, OFFICES AND RAILWAYS ACT, 1960.

No. of shops, cafes and snackbars visited..18      Re-visits..38

<u>INSPECTION OF FOOD PREMISES.</u>	<u>No. of visits.</u>	<u>Re-visits.</u>
Bakehouses	3	5
Butchers and cooked meat shops	4	16
Food inspection	4	-
Food - investigation of complaints	7	-
Market stalls and delivery vehicles	26	15
Grocers and Confectioners shops	19	28
On-Licensed premises	7	14
Restaurants, cafes and snackbars	8	20
Poultry establishments	1	2





INSPECTION OF PREMISES REGISTERED FOR THE MANUFACTURE  
AND SALE OF ICE CREAM AND PRESERVED FOODS.

<u>Type of Premises.</u>	<u>No. of Visits.</u>	<u>Re-visits.</u>
Sale of Ice cream	11	10
Storage of Ice cream	11	10
Manufacture of Sausages and preserved meat	6	5

INSPECTION OF OTHER PREMISES.

No. of visits to Slaughterhouse	541	-
No. of visits to Caravan Sites	161	-
Visits to premises on complaint of rodents	16	-
Visits in respect of Noise Nuisances	9	12
Miscellaneous visits	174	

Total no. of visits : 1,503  
 " " " re-visits: 1,378  
 TOTAL: 2,881

FACTORIES ACT, 1961.

INSPECTIONS:

<u>Premises.</u>	<u>No. on Register.</u>	<u>Inspect- ions.</u>	<u>Written Notices.</u>	<u>Prosecut- ions.</u>
(i) Factories in which Sections 1,2,3,4 & 6 are to be enforced by Local Authorities.	Nil	-	-	-
(ii) Factories not included in (i) in which Section 7 is enforced by Local Authority.	36	2	-	-
(iii) Other premises in which Section 7 is enforced by the Local Authority (Excluding Out-workers' premises)	Nil	-	-	-
TOTALS:	36	2	-	-





### ATMOSPHERIC POLLUTION.

Since the construction of the Power Station started in the Pembroke Rural District, it was considered necessary to set up monitoring stations in the district to estimate the degree of pollution and in this connection 161 visits were made during the year. It was also necessary to make 8 inspections and a further 5 visits in connection with nuisances arising from the smoke.

### INFECTIOUS DISEASES.

Two enquiries and 7 further visits were necessary in connection with infectious diseases cases.

### SEWERAGE AND SEWAGE DISPOSAL WORKS.

During the year, 205 visits were made to the Public Conveniences in connection with defective drainage and to the Sewage Disposal Works.

The disposal works still remain difficult to operate and maintain satisfactorily. The Council now has an adequate labour force but remedial works are still very necessary. The Council has resolved to venture into the mechanical sludge drying process which will, I am sure, be most advantageous to the Council. Once it is in operation, the manual removal and double handling of sludge will cease and this will I trust prove to be of less cost to the Council.

We have felt the tremendous benefits of the Saundersfoot Sewerage Scheme this year, in that there have been no continual complaints of overflowing cesspits in the village causing a nuisance and public health hazard.

Work has also commenced on the Clunderwen-Llandissilio Sewerage Scheme and with other schemes in hand, it can truly be said that the Council has achieved a fine record in providing such an important and essential facility to the villages in the area.

### REFUSE COLLECTION.

The collection of refuse now does occupy a full week's work throughout the whole year and the tipping of refuse on Kingsmoor Common continues to be a successful venture. Poor and wet land is rapidly being made into a suitable surface and, fortunately, there will be many years of tipping on the Common.



## GYPSIES.

The Council has marked an area of the Common for an encampment with the provision of toilets and water supply for the gypsies. This area has now been compacted with refuse and a hard road has been laid through the site. I still feel that the site is not ideally suited but I trust that it will prove successful. Work must proceed on preparing the site as it would then simplify, a little, the control of the Common.

## OUTDOOR STAFF.

This report has been made principally through the good and efficient work of the outdoor staff of the Public Health Department. They carry out their duties in all weather and perhaps much of their work goes unnoticed by the public. However, I should like to express my appreciation to them all and, in particular, to the foreman who has done excellent work.

## CARAVANNING AND CAMPING.

Caravanning and camping continue to be a very popular means of having a holiday in Pembrokeshire and each year the number of such holiday-makers increases. This year, the Council finalised their revised conditions for caravan sites. Before finalisation of these conditions, the Council did discuss the new terms with representatives of the Caravan Association who did, I believe, accept the proposals. The new conditions will be strictly enforced during the 1968 season and it is pleasing to note that many Operators have already commenced structural improvements to their sites in order to comply with the licensing conditions.

During the season, many visits were paid to the sites and there has been a vast improvement from the cleanliness and appearance of sites from the 1966 season. A point which should be considered in 1968 is whether the Council should allow caravans to remain on sites where gullies have been sited to take the waste from caravan sinks. Obviously, where sites are used for agricultural purposes, this would not be possible, but where sites remain empty and unused in between seasons, then consideration should be given to allow caravans to stand. I believe this would encourage Operators to comply with the new licensing conditions.

In 1967, there were 58 licensed sites in the area, giving a total permitted number of 1,974 Caravans.





## MEAT INSPECTION.

The following have been examined during the year :-

<u>Cattle</u> (including cows)	<u>Calves.</u>	<u>Pigs, Sows &amp;</u> <u>Boars.</u>	<u>Sheep &amp; Lambs.</u>
1,872	1,339	467	3,085

## MEAT CONDEMNED.

<u>Cattle.</u>	<u>Pigs &amp; Sows.</u>	<u>Sheep &amp; Lambs.</u>
1,491 Whole livers	3 Whole carcasses	11 Whole carcasses
233 Part liver	23 Heads and Tongues	17 Forequarters
21 Forequarters	27 Sections of vertebrae	33 Hindquarters
32 Hindquarters	18 Forelegs	407 Whole livers
19 Whole carcasses	11 Hindlegs	711 Part Liver
28 Sides	30 Whole plucks	
61 Hearts	115 Pairs lungs	
187 Pairs Kidneys	43 Whole livers	
73 Tongues	38 Part liver	
15 Heads		

Majority of bovine livers condemned due to fluke and cirrhosis. It will be noted that sections of vertebrae were condemned with pigs and sows. These were entirely from sows due to abscesses which caused paralysis of the hind legs and the abscesses were generally in the lumbar vertebrae. Many lungs also condemned in pigs principally due to virus pneumonia.

## MILK SUPPLIES.

Sampling of untreated milk, particularly from producer-retailers, was continued in an effort to detect *Brucella abortus* infection. 42 visits and a further 34 inspections were required in this connection. A number of positive Ring test results were reported, but no positive culture results were obtained.

## WATER SUPPLIES.

The main water supply is sampled regularly by the Pembrokeshire Water Board. It is also necessary to sample private supplies, as these are often used by holiday-makers. 14 samples were taken and a further 23 visits were made.

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W. E. DAVIES,  
Chief Public Health Inspector.  
R.D. JOHNSON,  
Additional Public Health Inspector.





